COURSE OUTLINE: OPA214 - MENTAL HEALTH COND.

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Course Code: Title	OPA214: MENTAL HEALTH COND./PSYCHOSOCIAL ISSUES
Program Number: Name	3022: OCCUP/PHYSIO/ASSIST
Department:	OTA/PTA ASSISTANT
Semesters/Terms:	20F
Course Description:	The purpose of this course is to introduce the student to common mental health conditions and related psychosocial issues. The student will become familiar with pediatric, adolescent and adult conditions addressed by the OT or PT, either as a primary or secondary diagnosis. Medical intervention and rehabilitative strategies and techniques will be discussed. The role of the OTA & PTA in providing therapeutic intervention will be covered. Opportunities for interaction with local community mental health resources and facilities will be provided.
Total Credits:	3
Hours/Week:	3
Total Hours:	45
Prerequisites:	OPA115, OPA117, OPA130, OPA131, PSY120
Corequisites:	There are no co-requisites for this course.
Substitutes:	OPA202
This course is a pre-requisite for:	OPA208, OPA211, OPA226, OPA227
Vocational Learning Outcomes (VLO's) addressed in this course: **Please refer to program web page for a complete listing of program outcomes where applicable.**	**3022 - OCCUP/PHYSIO/ASSIST** VLO 1 Communicate appropriately and effectively, through verbal, nonverbal, written and electronic means, with clients, their families, and significant others, occupational therapists, physiotherapists, other health care providers, and others within the role of the therapist assistant. VLO 2 Participate in the effective functioning of interprofessional health care teams within the role of the therapist assistant. VLO 3 Establish, develop, maintain, and bring closure to client-centred, therapeutic relationships within the role of the therapist assistant. VLO 4 Ensure personal safety and contribute to the safety of others within the role of the therapist assistant. VLO 5 Practice competently in a legal, ethical, and professional manner within the role of the therapist assistant. VLO 6 Document and complete client records in a thorough, objective, accurate, and nonjudgmental manner within the role of the therapist assistant. VLO 7 Develop and implement strategies to maintain, improve, and promote professional competence within the role of the therapist assistant.

In response to public health requirements pertaining to the COVID19 pandemic, course delivery and assessment traditionally delivered in-class, may occur remotely either in whole or in part in the 2020-2021 academic year.

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	VLO 8	Perform effectively within the roles and responsibilities of the therapist assistant through the application of relevant knowledge of health sciences, psychosociological sciences, and health conditions.
	VLO 9	Perform functions common to both physiotherapy and occupational therapy practices that contribute to the development, implementation and modification of intervention/treatment plans, under the supervision of and in collaboration with the occupational therapist and/or physiotherapist.
	VLO 10	Enable the client's occupational performance by contributing to the development, implementation, and modification of intervention/treatment plans, under the supervision of and in collaboration with the occupational therapist.
	VLO 11	Enable the client's optimal physical function by contributing to the development, implementation, and modification of intervention/treatment plans, under the supervision of and in collaboration with the physiotherapist.
Essential Employability Skills (EES) addressed in this course:	EES 1	Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience.
	EES 2	Respond to written, spoken, or visual messages in a manner that ensures effective communication.
	EES 6	Locate, select, organize, and document information using appropriate technology and information systems.
	EES 7	Analyze, evaluate, and apply relevant information from a variety of sources.
	EES 8	Show respect for the diverse opinions, values, belief systems, and contributions of others.
	EES 9	Interact with others in groups or teams that contribute to effective working relationships and the achievement of goals.
	EES 10	Manage the use of time and other resources to complete projects.
	EES 11	Take responsibility for ones own actions, decisions, and consequences.
Course Evaluation:	Passing Grade: 60%, C A minimum program GPA of 2.0 or higher where program specific standards exist is required for graduation.	
Other Course Evaluation & Assessment Requirements:	The overall passing grade(C or 60%) is required for subsequent courses for which this is a prerequisite. (refer to the OTA&PTA Student Success Guide for further clarification)	
Books and Required Resources:	See the Professor. by Texts from first year courses will be used.	
Course Outcomes and Learning Objectives:		

Course Outcome 1	Learning Objectives for Course Outcome 1
1. Demonstrate an understanding of the pathology of mental health and psychological conditions which are managed by occupational therapists and physiotherapists.	1.1 Define mental health and mental illness. 1.2 Define the theoretical perspectives of mental health conditions. 1.3 Describe the historical approach to management of mental illness. 1.4 Describe the history of OT and mental health.

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Course Outcome 2	Learning Objectives for Course Outcome 2
2. Demonstrate knowledge of mental health and psychological conditions, their course and intervention.	2.1 Discuss the DSM-5 classification of mental health conditions. 2.2 Describe the pharmacological management and treatment approaches to mental health conditions. 2.3 Identify issues related to medication adherence. 2.4 Describe common mental health conditions, including the pathophysiology, etiology, clinical presentation, and clinical intervention.
Course Outcome 3	Learning Objectives for Course Outcome 3
3. Demonstrate an understanding of and describe various treatment settings and the roles of the inter-professional health care team in the management of such conditions.	3.1 Identify the various treatment settings as well as community support available for individuals with mental health conditions. 3.2 Recognize and respect the roles and responsibilities of the inter-professional health care, including the psychiatrist, psychologist, psychiatric nurse, social worker, OT, PT, OTA and community support worker, recreation therapist, peer support worker, addictions counselor. 3.3 Recognize the Mental Health Act and legislation related to mental health issues.
Course Outcome 4	Learning Objectives for Course Outcome 4
4. Demonstrate an understanding of common behaviours and responses of a client with mental health and psychological conditions.	4.1 Recognize the influence that attitudes, values, beliefs and culture of the client and health care provider have on the therapeutic relationship. 4.2 Describe the clinical presentation, signs and symptoms of mental health conditions.
Course Outcome 5	Learning Objectives for Course Outcome 5
5. Demonstrate an understanding of how individuals and society react to mental health issues.	5.1 Discuss the stigmatization and stereotyping of clients with mental health conditions. 5.2 Describe how the media portray individuals with mental health conditions and how this influences social perception.
Course Outcome 6	Learning Objectives for Course Outcome 6
6. Demonstrate an understanding of how a mental health condition impacts the client, their social support and their environment.	6.1 Identify how mental health conditions affects the client as well as the family. 6.2 Discuss the influence of cultural values and beliefs on mental health.
Course Outcome 7	Learning Objectives for Course Outcome 7
7. Demonstrate an understanding of the specific role of the OT and PT and OTA & PTA providing treatment for the different mental health conditions.	7.1 Employ a client-centered approach that appreciates the uniqueness of the individual and includes realistic goals that enable participation in meaningful activities. 7.2 Describe general health and wellness techniques as well as specific interventions provided by the OT, PT and OTA &PTA in helping the client meet identified goals and objectives.
Course Outcome 8	Learning Objectives for Course Outcome 8

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	8. Demonstrate knowledge of safety considerations and apply strategies for working with clients with mental health conditions.	8.1 Discuss safety considerations for health care professionals & clients. 8.2 Describe appropriate behavioural interventions, stress reduction and conflict resolution strategies to promote the well being of the client. 8.3 Discuss Mental Health Legislation. 8.4 Summarize Mental Health First Aid strategies for clients that are at risk for harming others, self-harm or suicide.

Evaluation Process and Grading System:

Evaluation Type	Evaluation Weight
1. Assignments	30%
3. Tests and Quizzes	35%
5. Participation/Learning Activities	15%
6. Final Exam	20%

Date: August 13, 2020

Addendum: Please refer to the course outline addendum on the Learning Management System for further information.

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